FROM THE PRINCIPAL

Dear Parents,

This term students are discussing on assembly what it takes to be an effective learner. We have talked about being resilient. It is important to keep trying when learning gets tricky, we may not always get it the first time! We have also discussed being absorbed, or wrap up in our learning, so much so that we don’t notice the time passing. Being resilient also includes noticing the things that matter, managing our distractions and recognising the feelings of learning. Sometime when we learn it feels fun, other times we may feel just ok or frustrated when something doesn't work out or match our expectations.

There have been many examples mentioned by all teachers about how resilient our students can be. Share with your child tonight a time when you have had to be resilient. What did you learn, how did you feel then and later on? Tell your child what you would like them to be resilient about.

Warm regards, Tracey Southam.

Live Life Well
Live Life Well is about promoting health within our curriculum, our community and our school culture. Don’t forget to send in fresh fruit or vegies every day with your child for “Crunch and Sip”. There are five easy ways to get healthy:

- Get active every day
- Eat fruit and veg
- Choose water to drink
- Have healthy snacks
- Turn off the TV (reduce screen time)

Education Week – Week 3
Next week we will be celebrating Education Week at our school

2014 marks the 60th anniversary of the first Education Week and is an ideal opportunity to take stock and measure progress. The tagline for the original, 1954 Education Week was: "Lighting the way to a better world". We have adopted that slogan for this anniversary celebration and the artwork from the 1954 poster

A separate note will be distributed tomorrow outlining our school activities.

Pictured right- Kinder students celebrate their 100th day at school today.

Home Reading Awards
Congratulations to the following students who have reached a milestone with Home Reading
50 Nights: Ryan Glare, Jodi Johnson, Jack Johnson
75 Nights: Loren Delaney, Josh Bruce
100 Nights: Nate Batten, Maddi Andrews
125 Nights: Angela Craft

Yr 3/4 News
Our field of study this term is “Live Life Well”. Our main focus is the 5 elements of and recommendations for healthy living – eat more fruit and vegetables, exercise regularly, watch less TV and green screens, limit unhealthy or fast food and sugary snacks.

We will also explore the concept, Water = Life. Congratulations to our 5 Lions Club speakers last Sunday – Ryan, Nykia, Angela, Eloise and Lara. They were all eloquent, effective speakers who seemed to have no nerves at all! Well done, kids! I was very proud of you all.

Thank you, Lorna Read
Year 5/6 have been enjoying writing poetry this term. Here is a small sample of “Emotion poems” written last week.

**Rage by Jake**
Rage is the colour blue
It tastes yuck, like cold cooked carrot
It smells like an unwashed person
It looks like a red face
It sounds like talking in your sleep
It feels like letting it out.

**Boredom by Cassidy**
Boredom is white like a plain piece of paper
It tastes like raw rice
It smells like dry air in the mornings
It looks like one long straight line
It sounds like a quiet whistling in the distance
It feels like lying in bed at 5pm.

**Pumped by Shannay**
Pumped is the colour of a blue ocean
It tastes like poweraid going down my throat
It smells like change rooms at the pool
It looks bright like the sun on a Summer’s day
It sounds like your team cheering after a game
It feels like just before you conquer the world.

**Aboriginal Culture Day, Monday 4th August**

**Kinder – Year 6**
About Mark Saddler: “My family come from central NSW. We are proud Wiradjuri people. My love of my country I display in my Didgeri (Yidaki) and art work. I’m very proud to be a Wiradjuri and Aboriginal man. Language and culture is extremely important to me. With my art, cultural tools and school programs that I do, I try to share and educate people about who Wiradjuri and Aboriginal people are and what I am learning about my mob! It is my passion To be able to move forward as a person and a community we need to
know where we have come from. To have a future you must have had a past”. Mark will bring didgeridoos, artefacts. Permission note is attached.

**Book Week** – Monday 18 – Fri 22nd August. Please check next weeks’ newsletter for school activities to celebrate Book Week. The theme for book week is “Connect to Reading”.

**Dance Program- commencing Friday 25th July,**
students will be involved in dance sessions with Tia, a qualified teacher from O’Malley’s Dance Studio. Students will participate in dance movements, balance, flexibility and exercise activities. Students will be taught technique, elements of dance as well as choreographed dances.

Students of all ability levels will be catered for. The program caters for students with and without previous experience. This program is designed to motivate and challenge students, whilst improving overall fitness and skills.

A variety of dance styles will be taught, including to suit both boys and girls.

**P & C News**
The P & C are excited to let you all know that they are organising their major fundraiser for 2014. Grab your friends and family and get on board. Come along on our Corowa South Primary School P & C Melbourne Shopping Tour to be held on November 8 2014. Visiting 10 outlets, including Home wares, shoes, sporting house, toys, ladies, mens, children’s and infants clothing, cosmetics, linen, Christmas decorations etc. Further information distributed today as a separate note. [Deposits due to the school office by Friday 25th July (Week 2–Term 3).]

**1-2-3 Magic & Emotion Coaching**
Learn to manage difficult behaviour in children 2 – 12 years old

2 session program - FREE
A program for parents and carer’s of 2 – 12 year olds. Learn:
How to discipline without arguing, yelling or smacking
How to sort behaviour
How to handle challenging and testing behaviours
Using emotion coaching to encourage good behaviour.

Wednesday 20th August and Thursday 21st August
10.30am – 2.30pm at Corowa Hub, Shop 9, Corowa Arcade

**Kindergarten 2015**

**EXPRESSION OF INTEREST**
Please fill in the Expression of Interest form below, if you have a child who will be starting Kindergarten in 2015. We are currently compiling our anticipated enrolments for 2015. If you know of any neighbours in the South Corowa area, please ask them to contact the school as soon as possible.

**CHILD’S NAME ____________________________ **DATE OF BIRTH ____________________________

Parent Name ____________________________ Contact Phone Number ____________________________

Address __________________________________________________________________________________

My child will be enrolling in Kindergarten at Corowa South Public School in 2015.

Signed ____________________________ (parent/guardian) Date ____________________________